



Now Offering
37 Specialist Beds

PLAS Y BRYN

SPECIALIST NURSE-LED CARE
FOR ADULTS WITH COMPLEX
MENTAL HEALTH NEEDS

Registered with Care Inspectorate Wales as a home for adults with nursing, with provision for mental health.
Adults aged 18 years and over.



A WELCOME FROM OUR REGISTERED MANAGER

At Plas y Bryn, we understand that every referral represents an individual with a unique history, complex needs and future aspirations. Our role is to provide safe, specialist care within a therapeutic environment where people can achieve meaningful outcomes, regain independence wherever possible and enjoy the highest possible quality of life.

I am passionate about leading a highly skilled and compassionate team that works in partnership with commissioners, health and social care professionals and families to achieve the very best outcomes for every resident.

We would be delighted to discuss how Plas y Bryn may be able to support your next referral.



Paul Hughes

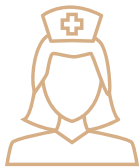
Registered Manager | Registered Mental Health Nurse

MAKING EVERY DAY BETTER THROUGH SPECIALIST CARE

Plas y Bryn provides specialist nurse-led care for adults living with complex mental health needs, in a safe and welcoming environment close to the North Wales coast.

Through personalised care planning, high staffing levels and a collaborative approach involving families, professionals and the resident at the centre, we support people to maintain their independence and remain within the community wherever possible.

We support people with conditions including schizophrenia, bipolar disorder, personality disorder, acquired brain injury and mild learning disability, often alongside secondary diagnoses, behaviours of concern or physical health needs requiring experienced nursing support.



Nursing Care

Residential care with the additional support and clinical oversight of qualified nurses for more complex healthcare needs.



Specialist Mental Health Care

Individualised, nurse-led support for people with complex mental health needs.



New Purpose-Built Extension

19 new en-suite bedrooms with modern facilities designed around comfort, privacy and specialist care.

TYPICAL REFERRAL PROFILE

We regularly support adults who:

- Require specialist mental health nursing
- Have experienced previous placement breakdowns
- Require structured therapeutic support
- Present behaviours that challenge services
- Require a less restrictive environment
- Have complex secondary diagnoses
- Require high staffing levels
- Are ready to move from hospital into community-based care
- Require permanent or respite placements

Typical care needs & diagnoses:

- Mental health conditions, including schizophrenia, bipolar disorder and personality disorder
- Learning disabilities and autism
- Dementia
- Acquired brain injury
- Physical disabilities
- Visual and hearing impairments
- Alcohol and substance use
- Co-existing mental and physical health conditions
- Complex nursing and palliative care needs

Please call or email us to discuss a referral:



PHONE

01492 544117



EMAIL

plasybryn@rosewoodhealthcaregroup.co.uk



OUR APPROACH

Our experienced nursing team includes both Registered Mental Health Nurses (RMNs), Learning Disabilities Nurses (LDNs), and General Nurses (RGNs). We provide 24-hour clinical oversight and specialist support for residents with complex mental and physical health needs. They work alongside trained and dedicated Healthcare Support Workers who focus on making everyday life better, promoting independence, choice and meaningful daily experiences.

- Nurse-led care 24 hours a day
- Trained, dedicated support team
- Individual care planning
- Community integration
- Risk management
- Outcome-focused care
- Promoting independence
- Positive Behaviour Support (PBS approach)



Arolygiaeth Gofal

Cymru

Care Inspectorate

Wales

INDEPENDENTLY RATED GOOD

Plas y Bryn was rated GOOD in all areas following an inspection in June 2025 by Care Inspectorate Wales.

Ratings

 Well-being

 Care and Support

 Environment

 Leadership and Management

Good

Good

Good

Good

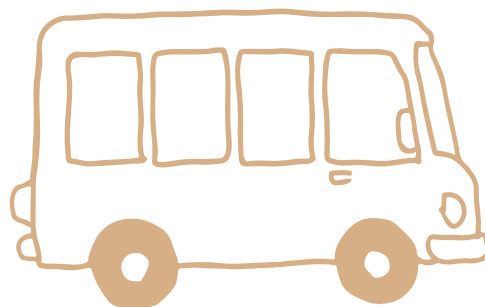
LIFE AT PLAS Y BRYN

Life at Plas y Bryn is about much more than care. Our dedicated Activities Coordinators focus on both mental and physical wellbeing, creating meaningful activities around each resident's interests, abilities and individual goals.

From group activities, music and animal visits to one-to-one time, cooking and trips into the local community, we encourage residents to stay active, maintain relationships and enjoy as much choice and independence as possible. Families and friends are always welcome to get involved.

Our dedicated vehicles also help residents stay connected to the wider community, whether attending appointments, visiting family or simply enjoying a day out.

- Dedicated Activities Coordinators
- Individual & group activities
- One-to-one wellbeing support
- Community access & outings
- Cooking & everyday living skills
- Family & friend involvement
- Resident transport

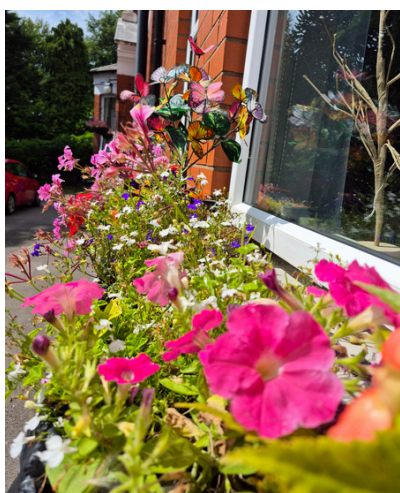


A HOME DESIGNED FOR WELLBEING

Designed to feel like home, with modern, purpose-designed facilities that support specialist care, accessibility, independence and wellbeing.

FACILITIES IN THE HOME

- Newly extended home
- All rooms en-suite
- En-suite shower rooms available
- Nurse call system
- 24/7 nursing care
- Personalised digital care plans
- Laundry
- Home-cooked meals
- Comfortable lounges
- Large established gardens
- Dining rooms
- Wi-Fi
- Two lifts
- Car park
- Quiet areas



CONTACT PLAS Y BRYN



PHONE

01492 544117



ADDRESS

31 Tan Y Bryn Road, Rhos on Sea, Conwy, LL28 4AD



WEBSITE

www.rosewoodhealthcaregroup.co.uk



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